

# Pluneret – Vallon du Lérán

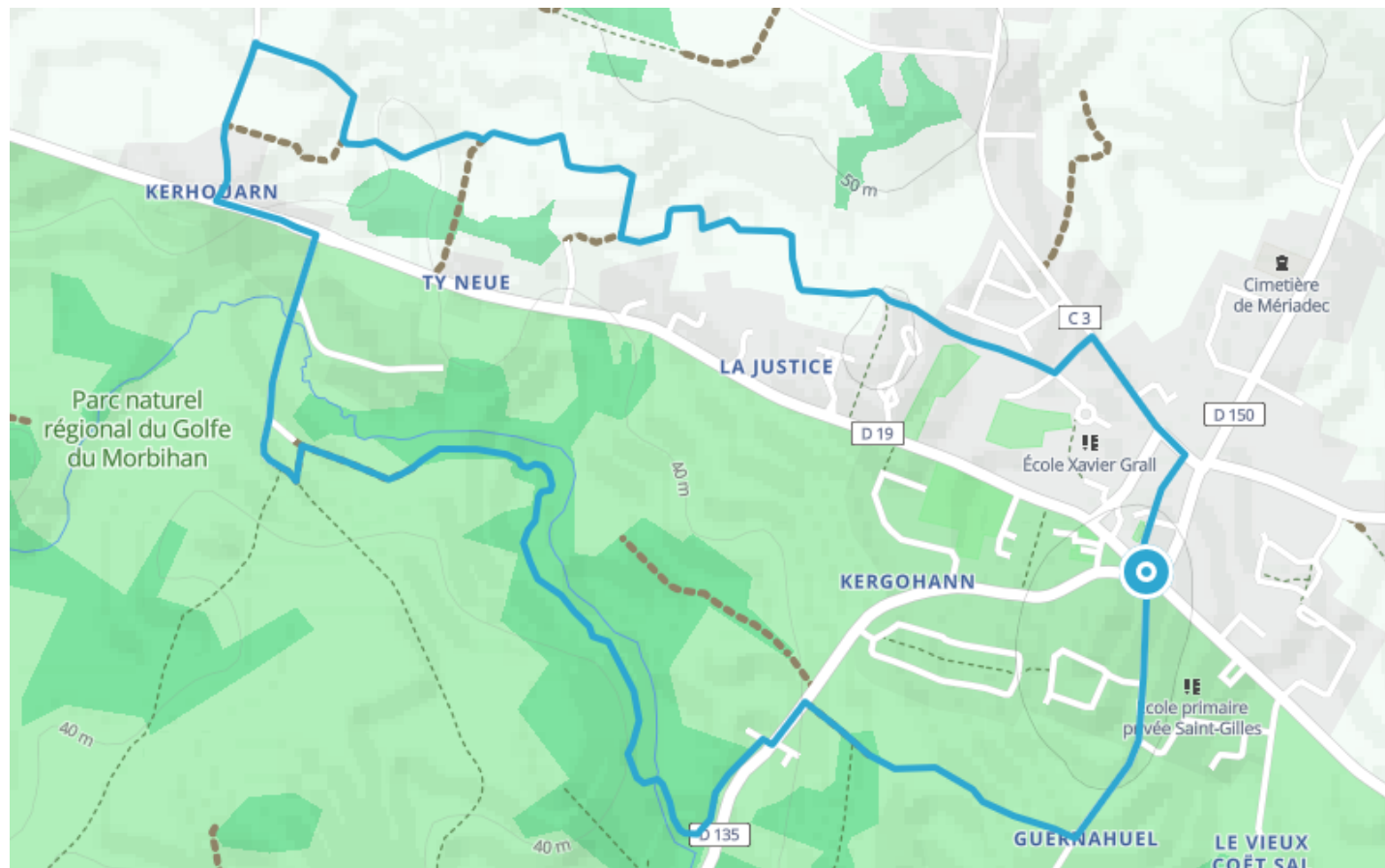
● Easy

🚶 Walk

🕒 1 h 05 min

↔ 5.44 km

📍 **Départ** Ibis Rue Conan Mériadec  
56400, Pluneret



## Descriptif

Duration : 1h15 Distance : 5 km Difficulty level: Easy  
The hollow paths and the Lérán River run through the countryside and the villages of Mériadec. Saint Mériadec was very popular in Brittany and across the Atlantic from the 5th century. Departure: From the village square of Mériadec, cross the D19 and take the rue Yves de Pont Sal (C10) at the corner of the bakery. 1- Continue for 400 m, then turn right to take the hollow path. 2- At the intersection, cross the road, then turn left and continue until the entrance to the Mériadec stadium. Take the path in front of you and follow the path in the undergrowth along the Lérán river. The Vallon du Lérán shelters several elements of small inheritance: wash house, calvary as well as several sources which testify to the importance of this place in other times. 3- At the exit of the valley, continue on the wide path to reach the heart of the village of Guern Boulard. Turn right and take the road. At the intersection of the D19, cross over the

for 150 m and turn right at Kerhouarn. This village is home to some pretty Breton cottages and longère. 4- At 250 m, turn right to take the Voie Verte Sainte Anne / Vannes. At the end of the hollow path opposite the entrance to the public school, turn left. (Nearby: an information panel on the "Green Lane"). 5- At the intersection, turn right to return to the center of Mériadec. At the crossroads of rue Parfait Pobéguin (painter from Elven), continue opposite for 50 m then take a right onto the pretty alley (rue du four) which leads to the church square of Mériadec. Mériadec (Bishop of Vannes in the 5th century) was very popular in Brittany where several chapels are dedicated to him. Its reputation was such that the Celts of Wales also worshiped him at that time. The village, crossed by the important Vannes-Quimper Roman road, was already probably a stopover in Roman times. The sustainability of the village was then ensured by

protected passage, turn left, continue



the lords of Coët-Sal who created here one of the most important horse fairs in Brittany.

**Office de tourisme de la Baie de Quiberon**

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<https://www.baiedequiberon.bzh/>



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