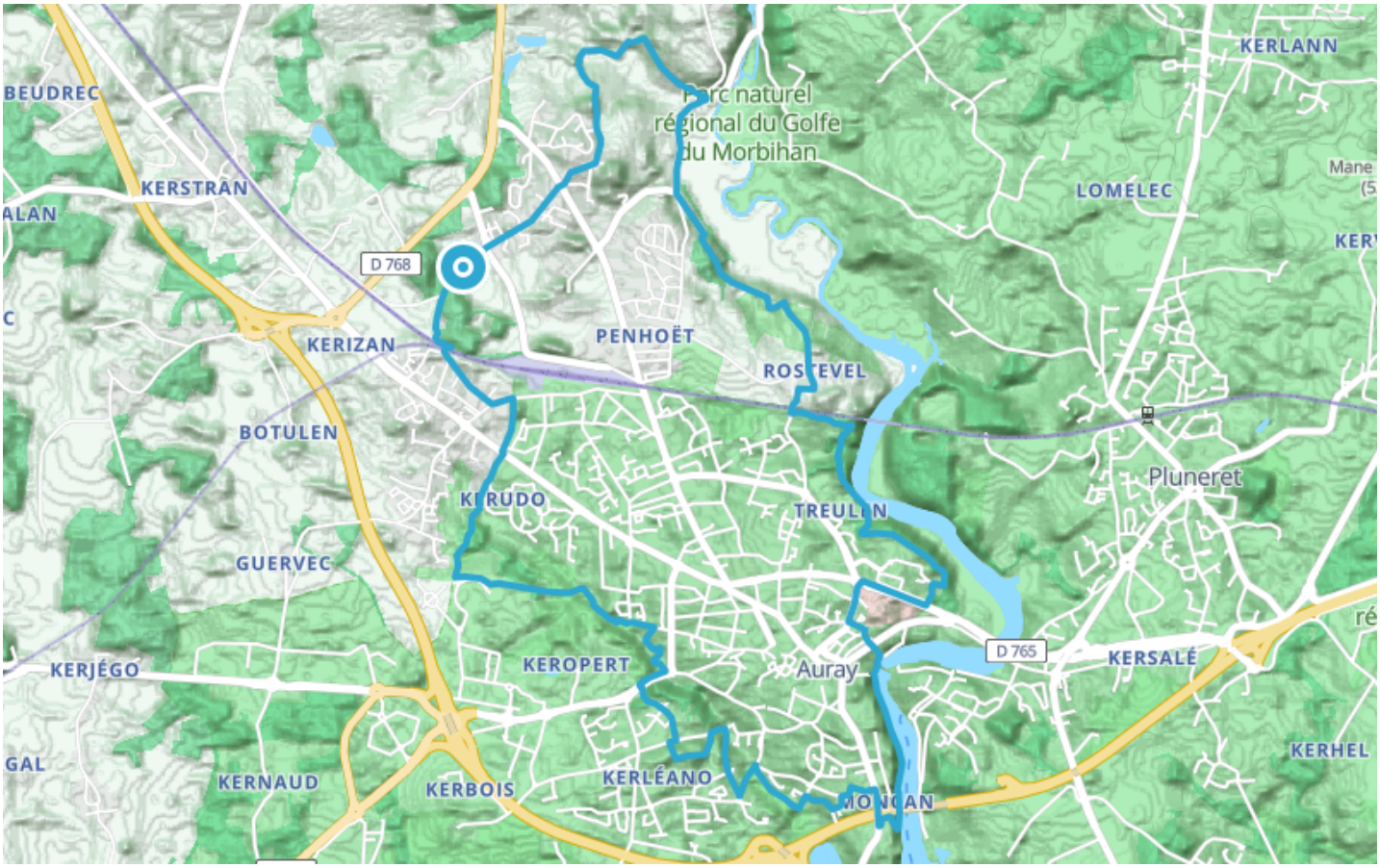
Auray - Circuit VTT - Autour d'Auray

Easy | Mountain bike | 1 h | 15.0 km

Départ 28 Route de Pipark
56400, Brech



Descriptif

Duration : 1 hourDistance : 15 kmDifficulty level : Medium (average height difference: 250m) Course n ° 7 blue Set off without fear to attack these few climbs that lead you to discover beautiful perspectives on Auray. The city and nature come together all along the route which reveals a park, garden, port and heritage sites. Departure: This circuit starts from the car park located behind the Alre'O Aquatic Center. The circuit map is available at the reception of the Aquatic Center. On the way back, you can take advantage of the swimming pool and its "balneotherapy" area for a moment of relaxation and recovery. From the roundabout, head towards the path and take it on the right towards Utting Park. When arriving at rue du Goaner, take the rural path of the new bridge on the right. Follow the marked markings all along the route. Step by step : 1) With caution, cross Avenue de l'Océan for a climb to reach the park that hosts the Mausoleum of Cadoudal, an emblematic character of the Breton chouannerie, guillotined in 1804 in Paris after an attempted conspiracyagainst Napoleon. At the end of the park, leaving the mausoleum and the beautiful stone farmhouses behind, take the path downhill to reach the Priory of Saint-Cado and its Chapel (16th-17th centuries), then go up before going back down andwalk along the Reclus stream.2) After walking through some housing estates to reach the bridge that crosses the N165, dive towards the Auray river. Enjoy this walk on the quays leading to the famous small port of Saint-Goustan, its half-timbered houses (16th-18th centuries) and the ramparts of the Château d'Auray destroyed in 1558. 3) Pass the port and its small 18th century stone bridge, recently restored, to join the alleys of Auray a little further on the right.Cross the town of Auray then take a cycle path to reach the banks of the Loc'h. Several climbs and descents then follow to the Champ des Martyrs. On this site, in 1795, Chouans and royalist

emigres wishing to reestablish the monarchy, landed in Carnac and Quiberon, were shot by the troops of General Lemoine. 4) After a short passage on the D120, take the direction of Saint-Dégan and its ecomuseum. 5) Begin the return trip by taking the impasse du Pont Romain on the left and following a stream. Pay attention to the markings and turn left on the Roman Bridge path leading to the edge of the Kerberluet subdivision. A first climballows you to reach the district of La Chartreuse. Take the direction of the station, then of the village of Toulchignanet before a descent then a last climb towards the Porte Océane and the Aquatic Center Alre'O. Possibility of continuing the hikewith a connecting route to reach the blue circuit N ° 1 of Ploemel (23 km).



Office de tourisme de la Baie de Quiberon
https://www.baiedequiberon.bzh/

Retrouvez ce parcours et bien d'autres
sur l'application mobile **Loopi - balades & GPS**

Télécharger dans l'App Store

DISPONIBLE SUR Google Play