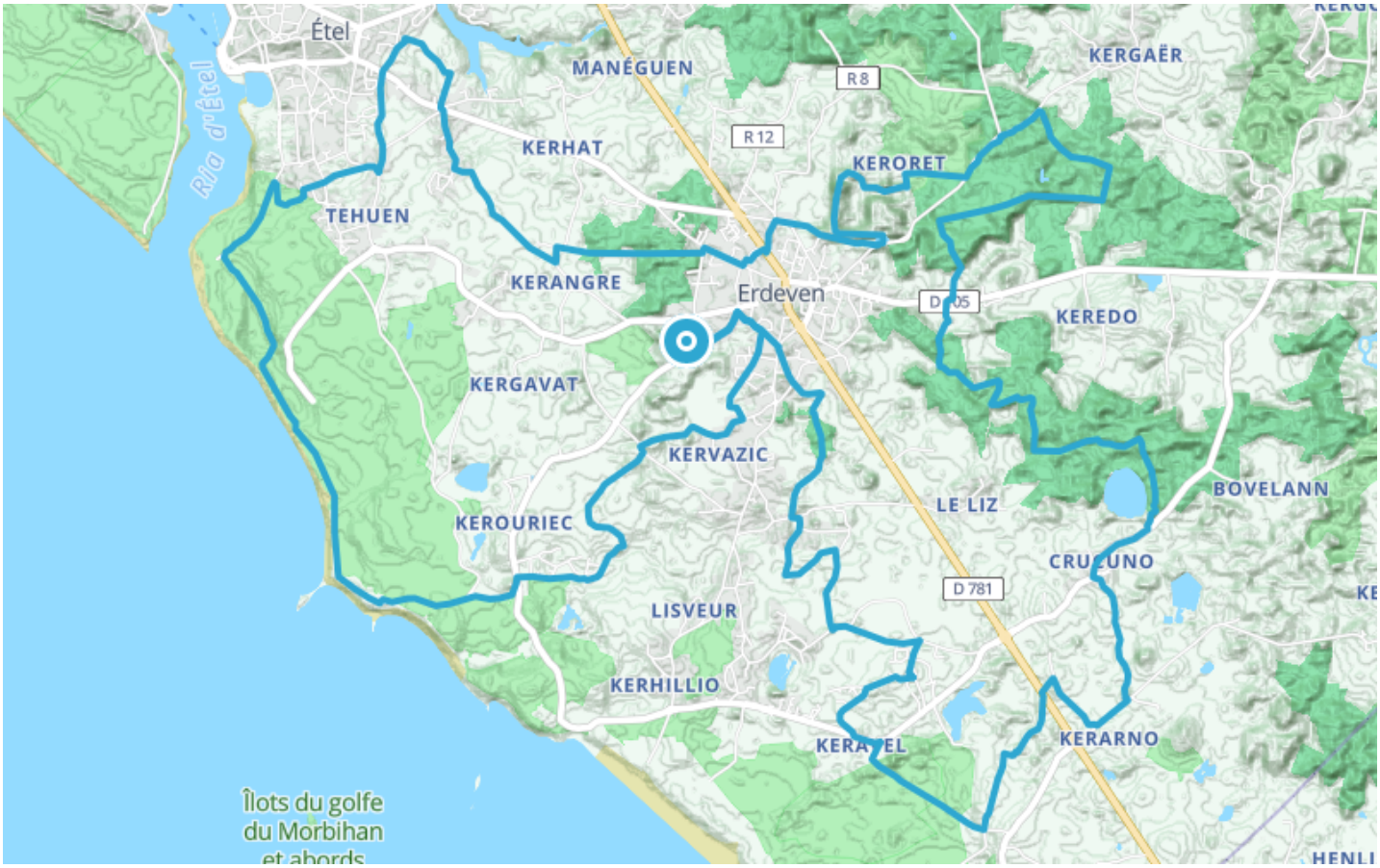
Erdeven - Circuit VTT - Autour d'Erdeven

Easy | **Mountain bike** | **2 h** | **34.0 km**

Départ 26 Rue du Grand Large
56410, Erdeven



Descriptif

Duration : 2hDistance : 34 kmDifficulty level : Medium (average height difference: 160m) Course n ° 3 blue From the Atlantic coast to the forest of Erdeven, from the dune cordon to the park of the castle of Keravéon and to the megalithic complex of Varquez, this circuit has been designed to appreciate the diversity of landscapes and the rich heritage of Erdeven. Departure: This circuit starts from the parking lot of the Grand Large sports complex, located rue du Grand Large in Erdeven. Step by step : 1) Follow the signs, the first kilometers lead to the coast at the level of the Roche Sèche site. Walk along the dune ridge to reach Barre d'Etel. Observe the remains of the Atlantic Wall dating from WWIIGlobal:In addition to bunkers, winter storms regularly make it possible to discover other defensive elements hitherto buried under the sand (Belgian gate, tetrahedron, piece of rail, etc.). 2) Then continue on the paths and paths of Erdeven for a return to the village through the forest. 3) After having crossed the north of the village, reach the park and the castle of Keravéon. The park has a botanical trail which records more than 50 listed tree species. The castle is an imposing stately home protected by a triple enclosure: that of the courtyard of the house, that of the outbuildings and that of the enclosure with a majestic entrance door to the south. Its creation dates back to the 14th century when the estate was set up as a seigneury by the Talhouët family (owner until 1761). 4) After this passage in Keravéon, cross the forest of Erdeven to the wood and the pond of Varquez.Take the time to visit the Dolmens de Mané Braz ("the big hill" in Breton), a site with 4 different passage tombs (single room,chamber with side cell and compartmented chamber) and certainly erected at different periods of the Neolithic, the most recent being that with compartmentalized chamber (-3500 BC), the Dolmen of Mané Croh, or to observe the Alignments by Coët er Blei (or “Chair of Caesar”).

Please note, these megalithic sites are only accessible to pedestrians. 5) Reach the village of Crucuno with its Dolmen, one of the most imposing in Morbihan, stripped of its tumulus and its access corridor formerly described by W. Lukis (1864) as measuring 27 m in length and still visible on theearly 19th century engravings. Today, only the burial chamber remains under an imposing cover slab weighing more than 30 tons. See also the Quadrilateral of Crucuno, a megalithic enclosure composed today of 22 menhirs, two of which are lying, measuring 34 m by 26 m.Set off again in the direction of Plouharnel and pass in front of the Saint-Antoine Chapel (18th century). The side statues are those of Saint Anthony and Saint Eloi, invoked to protect cattle and horses. 6) The return to the starting point is via the V5 and the paths of Erdeven. 3 other circuits starting from Erdeven, it is possible to continue the hike.





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