

Hoc'h. 4) Before continuing the path, stop for a few moments to discover the Dolmen of Mané Bogad, a tomb dating from the Neolithic period (between 7000 and 4500 years before the present). To find it, go straight and take the path on the left after the Poul Hoc'h subdivision (be careful, access is reserved for pedestrians). Then retrace your steps, cross Poul Hoc'h to the north before joining the Mané Bogad park trail. Follow the signs to reach the center of Ploemel. 5) In the center, turn right, pass the railway track, keep right and follow the D119 before turning left at Keroulin. Do not miss the Notre-Dame de Recouvrance Chapel and its paintings from the 16th and 17th centuries. Follow the signs to the hamlet of Kerbredeva, turn left. Continue north towards Poulguenan. Head towards the D105 but, at the intersection, take a path to the right which leads, slightly uphill, to the hamlet of Kergal. The route then continues towards the village of Kerbarch. When leaving the village, take a last path on the right to return to the starting point.



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